

## Optional Service

One-Off Consults available as needed OR choose our monthly subscription plan which also includes low-level scripts.

# Virtual GP Consultations



### General Consult

Whether you have a specific health concern, or just need reassurance and advice, you can speak with a doctor at any time of the day or night ... either via phone, or via audio/video call if you have our **LifeGuard SmartHome**.



### Prescriptions

Our doctors can post low-level prescriptions to your address or arrange collection from your local pharmacy. *(Available on subscription plan only.)*



### Referrals

The doctor can give referrals to other health professionals, such as podiatrists, physical therapists, or specialists, should they be required.

*Any notes or audio/video recordings from your GP consultations are shared with your regular doctor to ensure best continuity of care. All records are kept secure and confidential. If you prefer that we not share them with your doctor, simply advise the operator.*

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**INS LifeGuard**

*Caring for  
You*

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